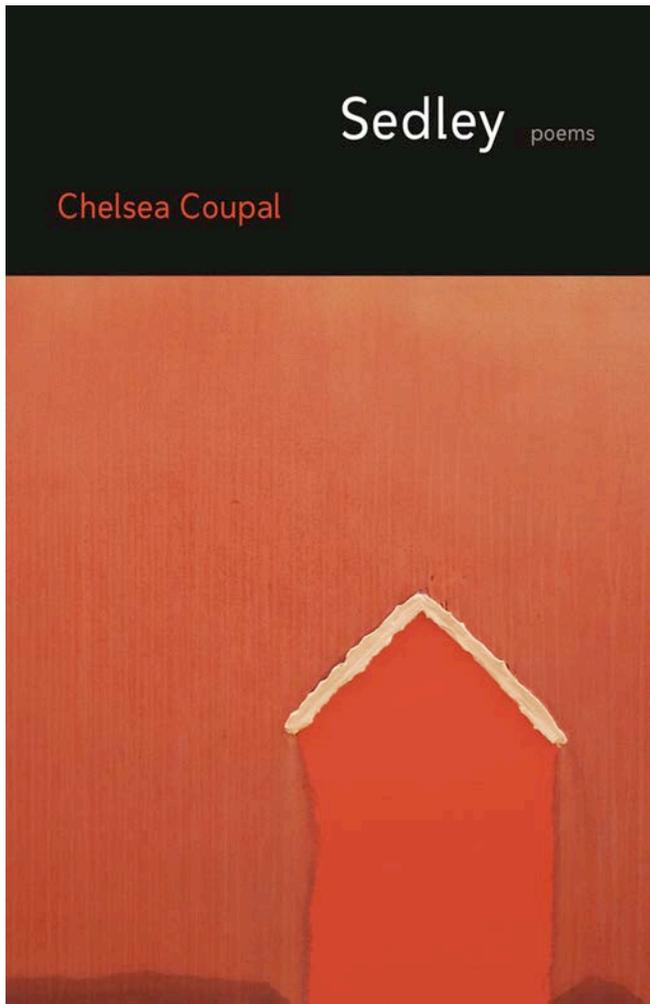




media release



Sedley

Chelsea Coupal

Release date: May 2018

While many readers may be familiar with stories about rural Saskatchewan from the early 20th century, Chelsea's poetry collection *Sedley* tells a different story: one of small town Saskatchewan from a modern perspective.

While much of small-town living remains the same: farming is always reliant on the weather regardless of new technology, after all; there is a sense of urgency and a need to escape that Chelsea writes about, and her stories of growing up on the prairies include references to cell phones and modern farmers who are more like businessmen. There is a musical cadence and rhythm to the poems themselves, which range from reminiscences on high school and first love, to darker themes like death and suicide that haunt the Sedley residents.

Accompanied by photographs of the town, shot by Chelsea herself, this debut collection of poetry weaves together both the personal and universal, harvesting not only the prairies, but a sense of community and belonging.

Chelsea Coupal grew up in the village of Sedley, Saskatchewan and now lives in Regina, where she completed a Master of Arts degree in Creative Writing. She won the 2017 City of Regina Writing Award and was shortlisted for *CV2*'s 2016 Young Buck Poetry Prize. Her poetry has appeared in literary journals across Canada, including *Arc*, *CV2* and *Grain*.

Sedley • Chelsea Coupal • Poetry

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for more information contact MacKenzie Hamon, Marketing Manager, Coteau Books

e: marketing@coteaubooks.com t: 306.777.0174

f: 306.522.5152 www.coteaubooks.com